



Sonia Côté – Project Co-ordinator, Montreal

Sonia has nearly a decade of experience in helping to find the best supports for people living with a mental illness. She was most recently the Administrator and Head of Service for mental health housing services, at Hôpital du Sacré-Coeur in Montreal. Her role included the management and development of residential, social housing and follow-up services. She has also been a consultant in the area of planning and coordination of mental health care services, and has been in charge of intake and admissions for an adult mental health program in Quebec.

Mental health issues have been an important part of Sonia's work over the years, and in the late 90's she helped found an organization dedicated to providing follow-up and psychosocial support for people with mental health problems. Sonia's formal education includes degrees in Social Science (Sociology and Criminology), Applied Sciences (Urban Planning) and Spanish. She also holds a certificate in Environmental Studies.