

# Facilitator’s Report Form

Key Learnings or outcomes from the dialogue		
Sponsor/host		
Event date		
Event location		
Number of participants		
Participants Please provide a detailed description of participants ( <i>e.g. students, faculty, staff, parents, professional practitioners, leadership, community or government representatives</i> )		
Contact name/organization and email		
CSA Use Only: Date/review status	yyyy-mm-dd	<input type="checkbox"/> Assigned RDTM: <input type="checkbox"/> Reviewed RDTM: <input type="checkbox"/> Report (Issue):

## Tips for completing the report

Note all major points of your dialogue and outcomes. Point form is fine! Don't let our suggested areas or topics limit your discussion. We're looking for insights into how a post-secondary institution can effectively support a relationship with any student – respecting a broad spectrum of circumstances and educational or learning environments – in the interest of that student's psychological health and safety. This support includes collaborating and engaging with the student community and larger community.

## What's working well?

Question 1:  
What works well to promote student mental health?

Possible areas/topics

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• mental health literacy</li> <li>• self-management (support pathways independent of institution)</li> <li>• self-management (supported by institution resources)</li> <li>• psychological support</li> <li>• mental health services</li> <li>• institution policies and programs</li> </ul> | <ul style="list-style-type: none"> <li>• institution environment</li> <li>• access</li> <li>• intervention approaches</li> <li>• crisis management and response</li> <li>• community engagement/access to community health services</li> <li>• accommodation (postvention)</li> <li>• program objectives and evaluation</li> </ul> |
|---|--|

CSA Use Only:

Reporting reference(s)  
(clause/item)

Promising or best practices *(see Practice Profile form)*

<p>Question 2: Which promising or best practices are you aware of that are helping to promote and support student mental health?</p>		
<p>Possible areas/topics</p>	<ul style="list-style-type: none"> <li>• references to specific resources, programs, agencies, policies, approaches, and services.</li> <li>• mental health literacy</li> <li>• stigma reduction</li> <li>• self-management</li> <li>• institution policy or governance</li> <li>• leadership support (senior executives)</li> </ul>	<ul style="list-style-type: none"> <li>• mental health services – access and/or availability</li> <li>• confidentiality</li> <li>• emergency response / crisis management</li> <li>• respecting diversity, inclusive approaches; equitable support (fair and unbiased)</li> </ul>
<p>CSA Use Only:  Reporting reference(s) (clause/item)</p>		

Barriers (or what *isn't* working well?)

Question 3:  
What barriers do students face in seeking to attain optimum mental health?

Possible areas/topics

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• mental health literacy</li> <li>• stigma</li> <li>• accommodation (postvention)</li> <li>• confidentiality</li> <li>• institution culture or environment</li> </ul> | <ul style="list-style-type: none"> <li>• mental health services – access and/or availability</li> <li>• lacking respect for diversity, lack of equitable support (fair and unbiased)</li> <li>• financial aspects/insurance</li> </ul> |
|--|--|

CSA Use Only:

Reporting reference(s) (clause/item)

## Participants' guidance

Question 4:  
What would you like post-secondary institutions to address to better support students and their mental health needs?

For the facilitator:

Another way to frame the question: Once the Standard is published, if the guidance provided does not address this need, issue, topic, challenge, or opportunity, the Standard would fall short of its intended objectives - possibly delaying its implementation and restricting its use.

CSA Use Only:

Reporting reference(s)  
(clause/item)

## Public review and ongoing outreach

Another opportunity to contribute to the development of the Psychological Health and Safety for Post-Secondary Students Standard will occur during the public review process, planned for the period between August and October 2019.

**Note:** This information is being gathered for the express purpose of supporting development of the CSA Z2003 Psychological Health and Safety for Post-Secondary Students Standard. After the MHCC receives your report, it will deliver it as written to CSA's technical committee (more specifically, the CSA resource development team) for review and analysis in support of the Standard's development.

*Thank you for all your time and effort!*

Please [forward](#) your completed forms to Karyn Ferguson, CSA Technical Committee Project Manager at [karyn.ferguson@csagroup.org](mailto:karyn.ferguson@csagroup.org) and cc Polly Leonard, MHCC Program Manager at [pleonard@mentalhealthcommission.ca](mailto:pleonard@mentalhealthcommission.ca).