

Participant Worksheets

Indicate which group you or members at your table belong to:

- User interest – students and their families
- Organization interest – a post-secondary institution
- Government interest – federal, provincial, or territorial agencies supporting mental health and/or post-secondary institutions
- Service provider interest – services to post-secondary institutions (organizational) and students (response, treatment, etc.)
- General interest – academics/researchers in the post-secondary health field

Question 1. What works well to promote student mental health?

Question 2. Which promising or best practices are you aware of that are helping to promote and support student mental health?

Question 3. What barriers do students face in seeking to attain optimum mental health?

Question 4. What would you like post-secondary institutions to address to better support students and their mental health needs?

Personal Reflection

1. What could you not express to the group that you would like us to know?
2. Have we missed anything? Explain.
3. Any other comments?

Thank you for your insights. If you have any other comments or want more information, email us at studentstandard@mentalhealthcommission.ca. Follow, share, like #studentsuccess and @MHCC_.

Public review and ongoing outreach

Another opportunity to contribute to the development of the Psychological Health and Safety for Post-Secondary Students Standard will occur during the public review process, planned for the period between August and October 2019.

Note: This information is being gathered for the express purpose of supporting development of the CSA Z2003 Psychological Health and Safety for Post-Secondary Students Standard. After the MHCC receives your report, it will deliver it as written to CSA's technical committee (more specifically, the CSA resource development team) for review and analysis in support of the Standard's development.

Thank you for all your time and effort!

Please [forward](#) your completed forms to Karyn Ferguson, CSA Technical Committee Project Manager at karyn.ferguson@csagroup.org and cc Polly Leonard, MHCC Program Manager at pleonard@mentalhealthcommission.ca.