

MENTAL HEALTH COMMISSION OF CANADA

Join our board — make a difference

The board of directors of the Mental Health Commission of Canada (MHCC) is recruiting. If mental health and wellness matter to you, and you'd like to use your talents to transform Canada's mental health system, we want to hear from you.

We're committed to diversity and are building a broad foundation of expertise and skill sets at our board table. We are interested in applications from youth (30 years of age and under) who have experience with the mental health system. We also heartily welcome candidates with experience specific to northern communities (Yukon, Northwest Territories, Nunavut, northern Quebec, and Labrador).

We encourage applications from candidates with living and lived experience of mental illness and/or expertise in mental health who are part of the LGBTQ+ community, or are living with disabilities, or of immigrant, refugee, ethnocultural or racialized background.

Who We Are

The MHCC is a catalyst for improving the mental health system and changing Canadians' attitudes and behaviours around mental health. Through our unique mandate from Health Canada, the MHCC works to advance an important national dialogue and challenge the misconceptions that can lead to discrimination against people living with mental health problems and illnesses.

What We Do

We bring together leaders and organizations from across the country to accelerate change in Canada's mental health landscape. Our initiatives and projects are led by people with a range of perspectives and experience who share a single vision: mental health and wellness for all.

MHCC board directors have often been vocal advocates for mental health improvements, and the needs of specific populations, which informs their contributions to the board. However, as a member of the board, you will have a fiduciary duty to the Mental Health Commission of Canada (MHCC) to steward the work of the MHCC rather than represent specific causes or populations.

The board of directors is collectively responsible for overseeing and providing direction for the MHCC's work. It also provides leadership, sets vision and strategy, establishes policies and their compliance, and directs the work of the president and chief executive officer, who is responsible for managing MHCC operations within its board-approved strategic/business plans and budgets and for the organization's performance.

Position Profile

A director's roles and responsibilities include ensuring



- fidelity to the organization's vision, mission, strategic plan, key goals, business plan, and budget
- that the MHCC meets all obligations with applicable laws and regulations
- the organization's financial health and accountability
- that the MHCC is highly effective, reputable, credible, and collaborative.

Term and location

As a director, you will serve a single term of up to three years, with eligibility for re-election to a second consecutive term of up to three years.

Time commitment

Full-day board meetings are typically held once each quarter. As a director, you are also expected to participate on at least one board committee and eight to 10 board and committee meetings each year while making reasonable efforts to attend for their full duration.

Mandatory skills and experience

Candidates must have the following core skills and traits:

- Financial literacy
- Analytical and critical thinking
- Interpersonal communications
- Creative and strategic vision/planning
- Governance expertise
- Commitment to the board's mandate

Additional experience and competencies

We invite candidates to indicate whether they have skills and experience related to:

- Mental health system expertise — including community-based and clinical experience
- Living or lived experience (self or family member) of mental health problems or illnesses and/or substance use disorders
- Financial management (professional designation preferred)
- Law
- Caregiver experience supporting someone with a mental health problem or illness and/or substance use disorder
- Familiarity with recovery-oriented approaches and/or mental health promotion
- Issues facing Indigenous peoples in Canada
- Risk management
- Human resources
- Communications/public affairs
- Mental health and/or substance use research

ORDER OF EXCELLENCE



MENTAL HEALTH AT WORK® RECIPIENT

Applications

The MHCC will review all applications received and present those from qualified candidates to its Governance and Nominating Committee. A final list of candidates will be presented at our next annual general meeting.

If you are interested in joining the MHCC as a board director, please send your curriculum vitae and letter of interest detailing your academic, professional and living or lived experience, and the reasons why you would be an excellent candidate for this position.

Applications must be received **by 5 p.m. ET on Monday, April 15, 2020**. Applications by email are preferred.

Email to: mhccboardrecruitment@mentalhealthcommission.ca

Alternatively, you can apply by mail to:

The Mental Health Commission of Canada

Attention: Corporate Secretary

350 Albert Street, Suite 1210

Ottawa, ON, Canada K1R 1A4

We thank all applicants for their interest. Only those shortlisted for consideration by the Governance and Nominating Committee will be contacted.