Sample Recovery Story Template

The guided questions below are a useful way of getting to know someone. They can also be helpful for setting recovery goals.

Questions	Responses
What were you doing the last time you had fun?	
What are you proud of?	
What areas of your life are meaningful to you?	
What things could you start doing to make them better?	
Who is most important to you?	
What are your goals for the future?	
Where have you lived before?	
Do you consider yourself spiritual?	
How have the challenges in your life impacted you?	