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Sparking Connections

Knowledge Exchange Centre
Interim Report Webinar
May 21, 2014, 12:00pm-1:00pm ET



Hosts:
Nicholas Watters
 Director, Knowledge Exchange Centre, MHCC
Samantha Kolapak, MPP
 Knowledge Broker, Knowledge Exchange Centre, MHCC



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Agenda

- Introductions
- What is Knowledge Exchange?
- What we Do
- Supporting Other Initiatives
- Past Projects
- Supporting the KEC

*Please ask questions throughout the presentation by typing
in the chat box on the right of your screen.*

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Introductions



Your Hosts



Nicholas Watters,
Director



Samantha Kolapak,
Knowledge Broker



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 #MHCCkec

Knowledge Exchange Centre



Lindsay Balfour,
Research Analyst



Keely Brach,
Network Coordinator



Sara Bradshaw,
Web Comms Specialist



Christopher Canning,
Senior KE Specialist



Jennifer Dotchin,
Manager, Data Project



Lori Hager,
Creative Assistant



Galin Kora,
Monitoring and Evaluation Specialist



Louise Lapierre,
Program Manager



Tommy Nguyen,
Web Manager



Despina Papadopoulos,
Knowledge Broker



Megan Schellenberg,
Knowledge Broker



Bonita Varga,
Knowledge Broker

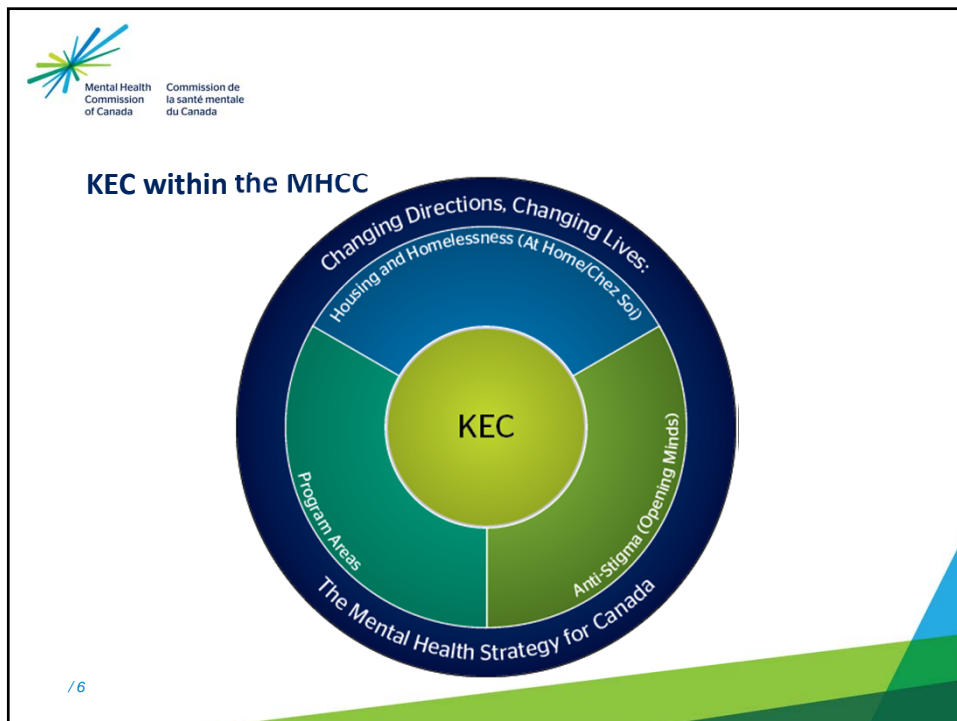


Dave Walker,
Technical Analyst



Liz Wigfull,
Knowledge Broker

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Poll the audience

Do you know what the term **Knowledge Exchange** means?

- a) Yes, I do
- b) I have heard about it, but am a little fuzzy on the details
- c) No, I do not, but I would like to learn more!

We want to hear from you!



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What is Knowledge Exchange?



Knowledge Exchange

What is Knowledge Exchange?

- a symmetrical conversation

The Canadian Institutes of Health Research defines KE as:

“a dynamic and iterative process that includes synthesis, dissemination, exchange and ethically-sound application of knowledge to improve the health of Canadians, provide more effective health services and products and strengthen the health care system.” www.cihr-irsc.gc.ca/e/29418.html

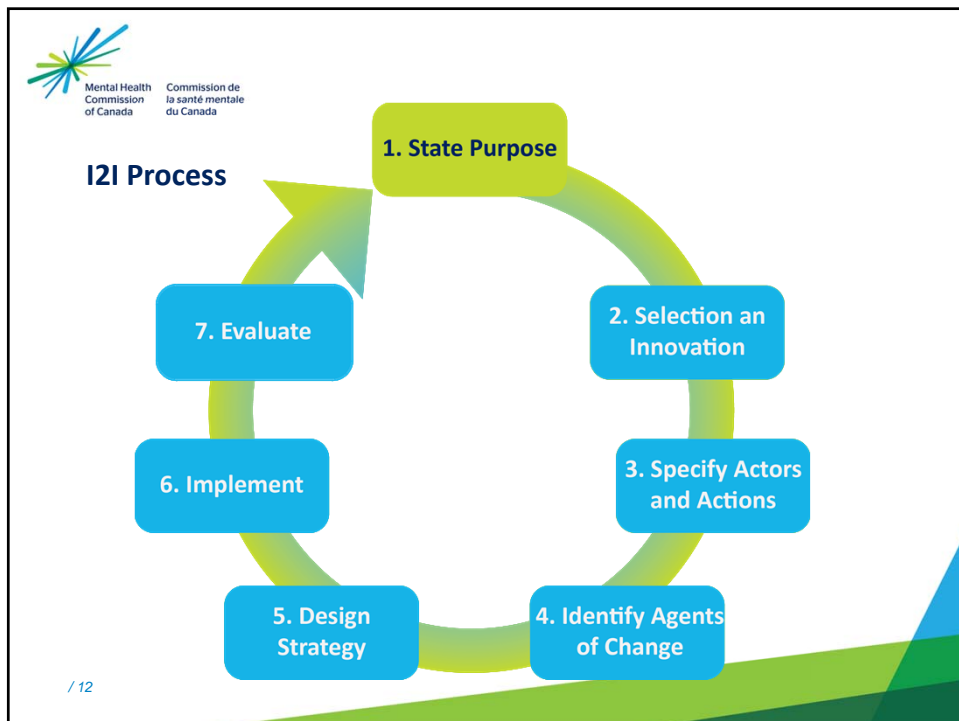
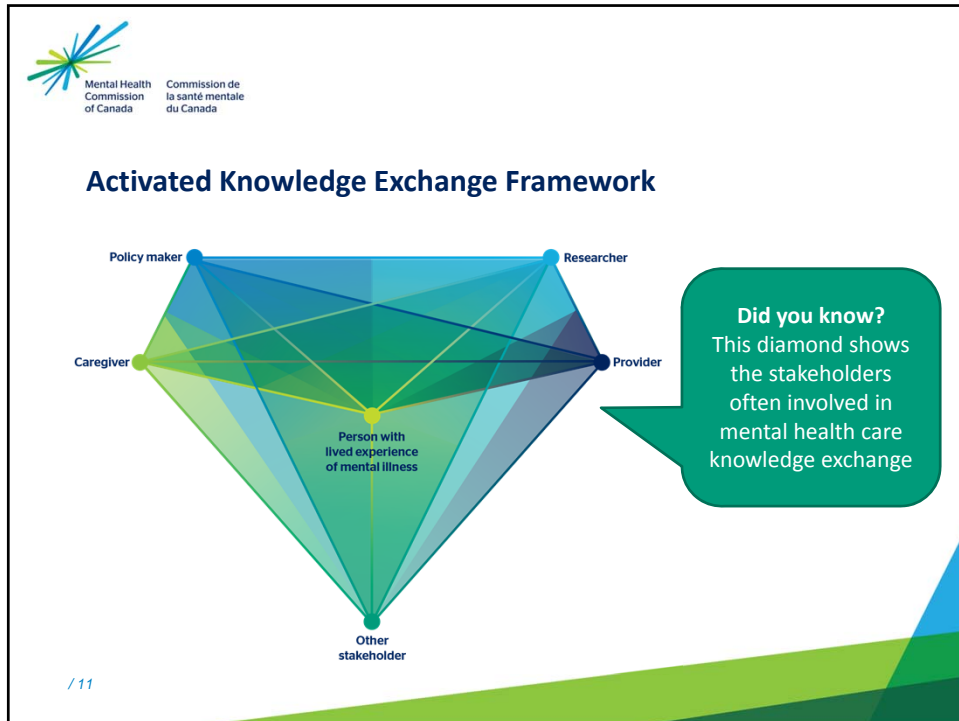
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Knowledge Exchange Centre

Three key directions:

1. Synthesizing Knowledge
2. Facilitating Knowledge Exchange
3. Building Capacity

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#MHCCspark



SPARK Training Program in Knowledge Exchange

- Helps push out research and best practices in mental health
- Components:
 - Training workshop
 - Real-world assignments
 - Mentor support
 - Networking opportunities
- 79 participants have completed
- 36 participants to attend in June



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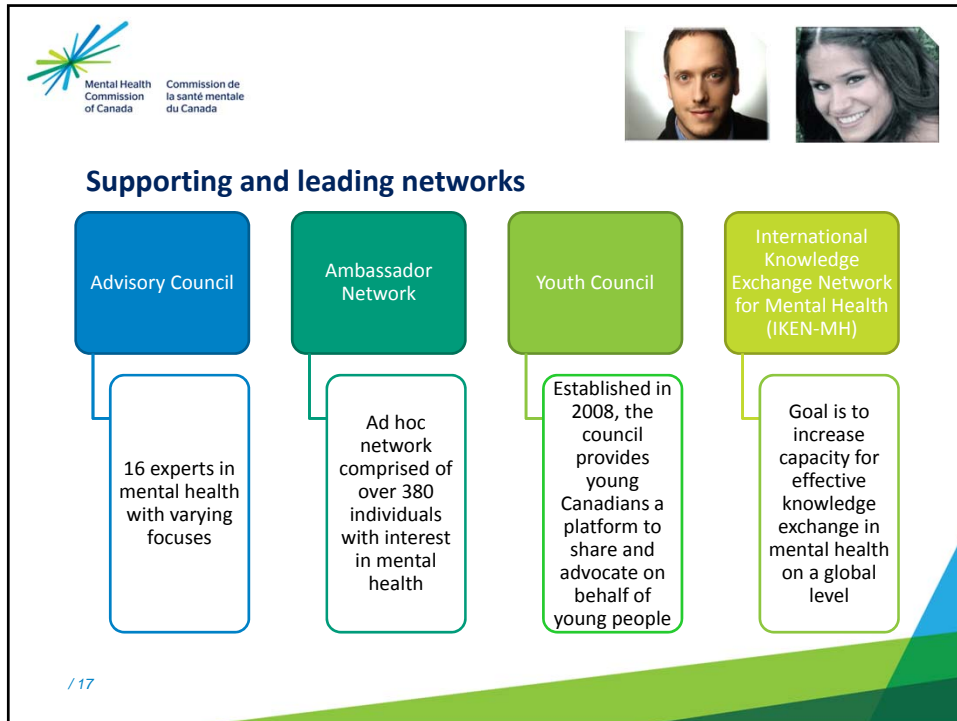
Data Project

The MHCC data project seeks to create national mental health and mental illness indicators to serve as a foundation for evidence informed mental health policy and practice in Canada.

The indicators will:



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#MHspaces





Collaborative Spaces



This area is targeted to our stakeholders and is intended to be an online repository and conversation place for mental health registered users. You can discuss with the community and share links to articles, documents, pictures and videos. You can also view events and activities happening around the world and view them by various mental health topics.

Getting Started
Most Recent Topic: Dave Miller, your community manager and...
Spotlight Topic: Comment Moderation Policy

General Discussion
Most Recent Topic: Stigmatizing perceptions of mental health...

Caregiving
Most Recent Topic: Family Caregivers Don't Passes...

Child and Youth
Most Recent Topic: Been diagnosed with ADHD/ADD?

Diversity
Most Recent Topic: Act and the immigrant experience

e-Mental Health
Most Recent Topic: http://depressioninformation.ca

An online national mental health community

Connect and discuss mental health topics, and share

- best practices
- personal stories
- news and articles
- research
- events
- and more

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Supporting Other Initiatives





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#athomeMHCC



Housing and Homelessness

- Disseminate the At Home/Chez soi findings
- Organize KE events for the release of the At Home/Chez Soi findings
- Participate in the dissemination of the Canadian Housing First Toolkit with key partners
- Create linkage and exchange activities for the participants of Housing First Training and Technical Assistance Program, support the community of practice
- Support the At Home/Chez Soi Publications Committee and the Cross-site research group meetings



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#308conversations #SuicidePrevention



Suicide Prevention, Postvention & Intervention

Sharing what we know to save lives

- Promoting the dissemination, uptake, and exchange of information about suicide prevention, postvention and intervention
- Improving what we know about suicide prevention, intervention and postvention by supporting the creation of and acceptance of synthesized evidence
- Developing ways to support promising and best practices

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#mindsetMH



Opening Minds



- Youth programs
- Background information sheets
- Research on conferences
- Presentations and webinars
- Social media
- Online toolkit for journalism school

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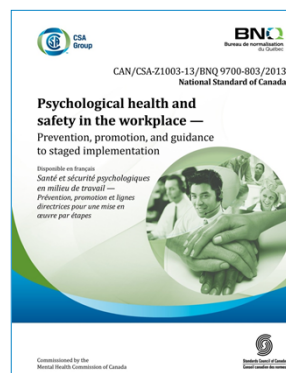


#workplaceMH #StandardCDA



Workplace Mental Health Promotion

- Raise awareness, disseminate knowledge and drive uptake of the Standard
- Showcase leading organizations and share promising practices with others
 - Video testimonials with leaders
 - Monthly workplace webinar series – nine webinars to-date since July 2013
 - Provide linkages to tools and resources
 - Organize events, host roundtables and stakeholder relations



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#recovery #MHCChopelives #MHpolice



Recovery Initiative and MH and the Law

Recovery Initiative

- Declaration of Commitment to Recovery
- Recovery Guidelines
- Pan Canadian Inventory on Recovery

Mental Health and the Law

- Policing and Trajectory Project (Not Criminally Responsible)
- Canadian Association of Police Chiefs (CACP) conference
- MH and the Law Collaborative Spaces



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#MHCCstrategy



Evaluation of The Mental Health Strategy for Canada

Purpose:

- Evaluate the contribution of various activities implemented by the Commission towards the overall goal of the Mental Health Strategy for Canada

Process:

- Direction – An internal working group will provide direction during the course of the evaluation
- Engagement – Both internal and external stakeholders will be engaged during the evaluation process
- Outcomes / indicators – The MHCC Logic Model and the MHCC Performance Measurements Framework will form the basis for the evaluation

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Examples of Completed Projects

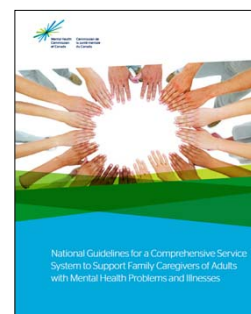


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Family Caregiver Guidelines

- MHCC transitioned from the use of Advisory Committees in December 2012, but continue to work with small groups of advisors on an ad hoc basis
- Family Caregiver Guidelines released in June 2013
- Taking the Guidelines off the shelf: Developing the Family Caregivers Guidelines Toolkit



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Supporting the KEC



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Research and Analysis in the KEC

- Conduct research to inform and support MHCC projects
 - Literature searches
 - Environmental scans
- Populate databases with resources
- Create documents containing evidence-based programs and procedures to promote knowledge exchange activities





Creative Support of the KEC

Three years of tacit and explicit institutional knowledge

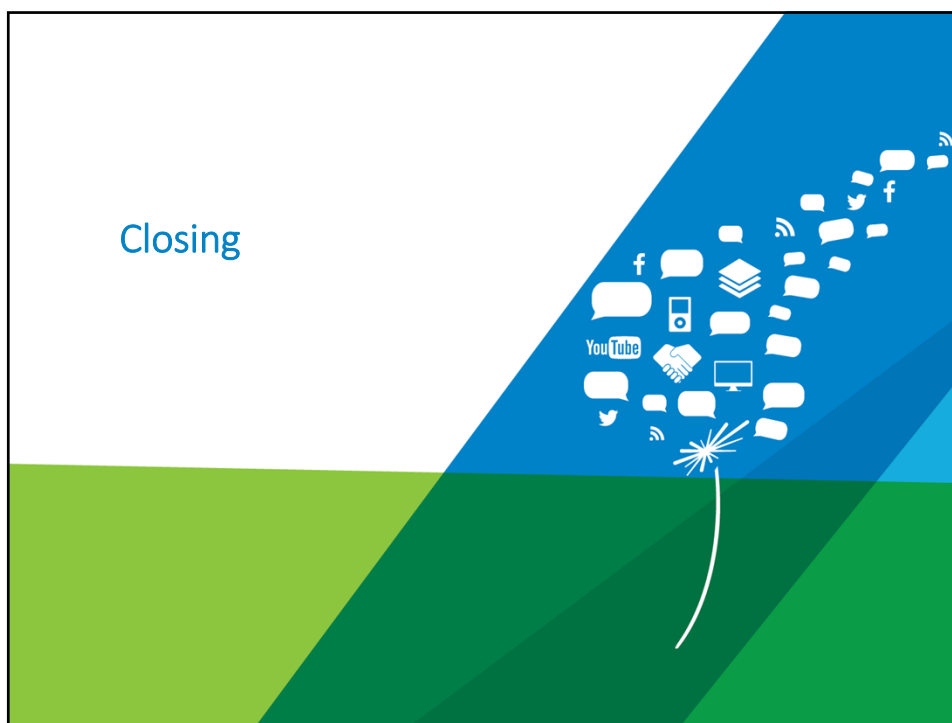
- Document branding
- Email campaigns
- CRM database maintenance
- Event coordination
- Graphic design
- Webinar chat moderation
- Form creation
- Software testing




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Questions?







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Closing Remarks

- We are Canada's only national mental health KEC
- The scope of our work is not just in the exchange of info, we do research, do collaboration and key linkages
- KEC's approach to knowledge exchange is receiving national and international attention
- More work is to be done in Canada and abroad
 - IKEN-MH in Sweden in June

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Join the Conversation

Communicate. Contribute. Collaborate.



COLLABORATIVE SPACES is an online repository and conversation place for mental health in Canada. Share mental health information with others and learn from others as they post. The more you contribute, the more robust a resource it will be!

<http://www.mentalhealthcommission.ca/English/spaces>

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Thank you

Contact us: skolapak@mentalhealthcommission.ca

Visit: www.mentalhealthcommission.ca

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Les opinions exprimées aux présentes sont celles de la Commission de la santé mentale du Canada.
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